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MAYBE YOU saw Hillary Carlip on "Oprah" recently talking about her new book, "Girl Power / Young Women Speak Out."

Since most of us feel far removed from the teenagers we know, this book is a must for closing the generation gap. Carlip offers poignant, sometimes shocking portraits of what it means to be a female adolescent today. Girls 13 to 19 made their contributions and Hillary takes us inside their hearts and souls.

Publishers Weekly called it "tremendously insightful." But the author herself says, "Every girl who takes a pen to paper, allowing her emotions to surface, is committing a courageous act of self-empowerment."